



Barn Battle Game play and Rules 2020

General Rules

Disputes: Tournament Officials have final say in all rule interpretations.

Strictly Limited Body Contact: Players must play the ball at all times. Equal pressure and appropriate physical contact is allowed, Open Field hits are legal. "Flagrant" hits will result in an immediate ejection of the game and possibly the tournament. Tournament director we'll decide the outcome of a flagrant penalty or hit.

Number of Players: All games are played six-on-six, generally with five short-stick players and a goalie. All players must use short sticks; except for the Goalies.

Games will be played with a Colored ball to allow for better visibility.

Penalties:

Box Lacrosse penalties are announced by the official on the floor by raising his arm. Offensive team will have possession of the ball until the defensive team gains control of the ball. The Official will then stop play and escort player to the penalty box and/or award possession of the ball to offensive team.

Penalties will result in a man up / man down situation. Players are asked to quickly enter the penalty box so not to delay the game. Offending players will remain in the penalty box for all penalties.

1. **Technical fouls** (in the crease, loose ball push, interference) change ball possession. NO Time Served.
2. **Minor fouls** (holding, high stick, hit from behind with possession, charging, Moving picks, minor slashing, etc.). **2 Minute penalty (releasable).**
3. **Major fouls** (severe slashing, unsportsmanlike conduct, BOARDING). **5 Minute penalty (un-releasable).**
4. **Major misconduct** (fighting, etc.) -- **10:00 penalty (un-releasable) and ejection.**

Multiple penalties: Teams cannot have less than 3 field players on the court at any time. For example, if a team has two players already in the bounty box and the man down team commits another penalty, penalty time for the latter penalty will not begin until one of the other penalties expires. However, the offending player must be in the penalty box while waiting to serve their penalty time. Penalties will be released when a goal is scored by the non-penalized team. If there is a delayed penalty and a goal is scored, the penalty is nullified if it is a minor penalty. If it is a major penalty, the offending player will still serve the penalty time. Again, players will be asked to quickly enter the box so not to delay the game.

Equipment:

Mouthpieces are **REQUIRED**

Rib Pads are STRONGLY ENCOURAGED

Tournament Specific Footwear

Wear basketball or training shoes on all fields.

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Game Play

42 Minute Games: Each game is 42 minutes long. Each game consists of three 12 minute periods. There will be 2 minutes between each period.

Timeouts: Each team has one 30-second timeout per game. If a timeout is called at any point the game clock will continue to run during the timeout. There are no timeouts in the last two minutes of the game.

Overtime: Playoff games tied after regulation shall be decided by sudden-death overtime. Overtime will start with a face-off and the first team to score a goal will be the winner. Any non-playoff game tied after regulation shall be a draw.

Standings: In group play teams shall be awarded three points for a win and one point for a tie. If two or more teams have same number of points at the end of group play, tie-breakers will occur in the following order:

1. Head to Head (two teams only)
2. Best goal differential (capped at 7+ per game)
3. Fewest goals allowed

Game Rules

Checking:

1. Cross checking (checking with your stick between the hands) is **legal** UNLESS it is done with excessive force, or b) against a player NOT carrying the ball. It must be between the hips and shoulders ONLY.
2. Slashing is striking the opposing player in the usual illegal areas (head, neck, leg, back, crotch).
3. High Sticking is raising your stick above the shoulder of the opponent. Over-the-head checking, and pencil checking are illegal in box lac.
4. All checking fouls will be called as major or minor fouls, depending on severity.

A minor or major penalty shall be assessed to a player/goalkeeper who while in the process of shooting or passing, follows through with the stick and slashes an opponent. Should a goal be scored on the shot, the goal shall be awarded and the penalty assessed. Unintentionally striking an opponent who is moving into the range of the follow through of a shot or pass should not be penalized.

Warding :

1. Warding, the act of pushing the defenseman's stick out of your way, is legal in box lacrosse. However, if the offensive player grasps the defender's stick or body, this is a (technical) foul called a player control foul.
2. Grasping an opponent's stick while the ball is loose is a player control foul. Player control rules apply during face-offs.

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The Crease:

1. Offensive players may not be in the crease at the same time that the ball is in the crease. Offensive players may pass through the crease, or may be in the crease following the scoring of a goal.
2. Offensive players may not interfere with the goalie at any time including when the goalie is out of the crease.
3. Diving (launching into the crease and shooting while airborne) is **legal** UNLESS contact is made with the goalie, or the net. If an offensive player tries to score from behind the net he may not touch any part of the goalie or net with his body or cross.
4. The goalie may be stick-checked when carrying the ball out of the crease, but may not be body-checked at any time.
5. The goalie may not check offensive players at any time.
6. Players can run through the crease on offense if they do not have the ball.
7. The player who is shooting can land in the crease as long as it is not a dive, and the ball crosses the goal line first.
8. Another offensive player cannot be in the crease when a goal is scored. If they are, the goal is disallowed and there will be a change of possession.
9. A shooter who steps into the crease and misses a shot cannot be the first one to touch the ball. If he is, a turnover will be the result.
10. The ball cannot be passed back to the goalie while he is in the crease.

Face-Offs:

There is only a face-off at the beginning of each period. All players who are NOT facing off stand anywhere outside the face-off circle and cannot enter the circle until there is a possession. The ball is live after whistle. Players taking face-offs may not trap or clamp the ball with the intent to withhold play or the opponent's stick or body. For a violation, the ball will be awarded to the non-offending team.

Clearing and Over and back:

After a goal:

After a goal is scored the team that is scored on will be allowed to retrieve the ball from their goal. The opposing team will not be allowed to touch an opposing player till they pass the first face-off red squares. This allows teams to sub on-the-fly since there are no face-offs.

After a turn over:

Teams can ride after a turn over

If the offensive team loses the ball in the defensive zone it is live until that team touches the ball. Defensive players can play that ball.

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Over and Back

1. There is only over and back when a team is penalized.
2. They are then not allowed to go back over the mid court line.
3. If a penalized team does go “over and back” it will result in an immediate change of possession.

Out of Bounds: If the ball hits the netting or leaves the rink it is out of play. The ball then is awarded to the team that did not touch it last.

If the ball goes out of play when a shot deflects off the goalie or the goal frame, it will remain offensive possession. If there is a shot that does not make contact with the goalie or the net and goes out of bounds it will be the opposing team ball.

Shot Clock: The team in possession is required to take a shot within 30 seconds of gaining possession. Failure to do so will result in a loss of possession. The referee has the authority to reset the shot clock in any unusual situation not covered by the rules. The shot clock shall be reset for:

- Any shot saved or deflected by the goalie when the goalie is in the crease; or
- Any shot off the goal post or crossbar.
- The shot clock shall not start until a team gains possession.

Please remember shot clock does not begin until the team has possession of the ball.

Substitutions: All substitutions are on the fly. The entering player may not enter the playing area until the exiting player has one foot inside the team’s bench area. The exiting and entering players may use the same door, different doors or go over the boards.

Pulling the Goalie: Teams may substitute or “pull” their goalie for a sixth field player at any time. The entering player must wait for the goalie to exit the playing area before entering as set forth in the substitution rule.

Rules Regulating Body Contact

Unnecessary Force: Generally, any player found guilty of a penalty or penalties may be ejected from the game by the referee if, in the referee’s judgment, the player used unnecessary force.

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Picks: •Moving picks are legal.

- Picks can be moving, but may not be excessive.
- For example a player may be moved off ball but may not be driven into the floor, or boards.
- A player can be picked in the back, but may not be picked in the back to the floor, or excessive.
- Illegal picks will be assessed as a change of possession.
- If a pick is considered to be excessive it will be assessed as a penalty.

Cross-Checking: The only legal cross-checks shall be push checks with moderate force on the arms, below the shoulders and above the waist, on the ball-carrier only. **This rule shall be tightly enforced.** Cross checks using excessive force will result in a penalty and may lead to ejection from the game.

Off Ball Contact: Off-ball contact is permitted. The use of excessive force in off-ball contact shall result in a penalty, and may result in ejection depending on the discretion of the referee.

Boarding:

Boarding is any attempt to body check or propel a player with or without the ball into the boards. Boarding is considered any check of this manner within 5 feet of the boards.

1. No contact is allowed within 5 feet of the boards. Pushing (minor foul) or Boarding (major foul) will be called, depending on the severity.
2. Hitting a player from behind and propelling them into the boards is EXTREMELY dangerous, a major misconduct foul, **resulting in a 10:00 penalty and ejection.** No exceptions.

INTERFERENCE ON LOOSE BALLS

This is a safety issue and must be enforced, players are very vulnerable when they are attempting to pick up a loose ball and they must be protected. When the ball is loose, all players must play only the ball. Never can there be any bodily interference with a player attempting to pick up the ball. The severity of the interference will determine the penalization. Less severe would be a possession call. A 'take out' hit would be a minor or a major penalty, and finally a Match penalty can be assessed for hits that are determined to be an Attempt to Injure.

OFF-BALL CONTACT

1. When an opposing player is in the offensive zone the defender may apply equal pressure through a cross check pushing the player anywhere in the offensive zone.
2. The offensive team must have possession of the ball in order to engage in off-ball contact.
3. The offensive player must be in the offensive zone or an interference call shall be assessed.
4. Offensive players cannot cross check back in retaliation or an interference call shall be assessed.

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****Loose Ball Play Around Boards****

Players CAN & SHOULD play the ball within 5 feet of the boards during a loose ball. **The Player SHOULD NOT PLAY THE MAN** or use excessive force to bump, hit, press or pin the player during this loose ball situation.

There is to be **absolutely no checks into the boards!!** A boarding penalty shall be assessed on any player who checks an opponent in such manner that causes an opponent to hit the glass. This rule shall be tightly enforced.

Any player who commits more than one boarding penalty, or who commits a boarding penalty recklessly or with excessive force, shall be ejected from the game and, at the discretion of the tournament director, may be ejected from the tournament.

Checking from Behind: Any check from behind on the back of another player's body shall result in a penalty.

1. A major penalty or match penalty shall be assessed to a player/goalkeeper who at the discretion of the referee, based on the degree of violence of the impact, shall be assessed to any player who intentionally pushes, body-checks, illegally cross-checks or hits an opposing player from behind anywhere on the floor.

2. Where a player is high sticked, cross-checked, body-checked, pushed in any manner from behind into the boards or goal net, in such a way that the player is unable to protect or defend him/herself, a Match penalty shall be assessed.

NOTE: A check from Behind is defined: intentionally pushes, body-checks, illegally cross-checks or hits an opposing player from behind anywhere on the floor; intensity of impact affects only the type of penalty assessed.

Unnecessary Roughness:

1. Unnecessary roughness can be called for any unsafe play or conduct, resulting in minor, major, or major misconduct penalties.

Fighting: Zero tolerance. Any fighting or violent conduct will result in an immediate ejection from the game. A second offense shall result in immediate ejection from the tournament.

Sportsmanship Policy

If a player leaves the sideline to get involved in an on the field altercation, or a player on the field runs from the opposite end crossing the midfield, that player is automatically ejected from the game. The player can also be removed from the tournament and the team may be punished as well and have to forfeit the game at the discretion of tournament officials and referees. In the event that both teams have players exhibiting this behavior the game may be called and both teams will have the game recorded as a loss. Offending team or teams also may render themselves ineligible for the playoffs.

Goalie equipment:

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We have a goalie equipment for any team that requires it. There will be a designated area where goalies will receive and return their equipment each game. Goalies may not keep the equipment for the day. Goalies must return the equipment as soon as game is over so it can be used by the next team.

Top lacrosse Directors and Staff consider the safety of each player our first priority and we expect coaches and players to understand and abide by this philosophy as well.

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